



FIRST STEPS

HOME VISITING SUPPORT FOR PARENTS OF INFANTS AND TODDLERS

*A 10 session **infant/toddler** home visiting curriculum grounded in **attachment** and **brain development** research.

*Designed for parent educators or other trained family professionals to use with **families with multiple challenges**, such as teen parents, parents with literacy needs, etc.

The curriculum provides a structure within which the home visitor can do relationship work to promote healthy parent-child attachment. Home visit session guide includes discussion questions, activities and information on each topic.

Videotaping activities

Recommended board **book** for each session

Infant/toddler **song**

Simple, easy to read, one page **handouts** on each of 10 topics

A **Dad's Page** for each topic

Topics include:

- 1) ATTACHMENT: Why it's Important
- 2) ATTACHMENT: Talking with Your Child
- 3) ATTACHMENT: Spoiling vs Responding to Child's Needs
- 4) ATTACHMENT: Being a Parent Your Child Can Trust
- 5) BRAIN DEVELOPMENT: Healthy Brain Development
- 6) BRAIN DEVELOPMENT: Appropriate Stimulation
- 7) BRAIN DEVELOPMENT: Early Literacy
- 8) HEALTH AND SAFETY: Health Promoting Environments
- 9) HEALTH AND SAFETY: Nutrition and Mealtime Behavior
- 10) PLAY: Having Fun with Your Child

ORDER FORM

Cost: \$60.00 / curriculum (mail order an additional \$7.00 for shipping and handling)

To order, complete the form below and return with check to:

Hillside School, Early Childhood Family Programs, 30 South 4th Avenue, Sauk Rapids, MN 56379

Call 320-255-8910 for more information.

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